

2. **Table 18: Calculation of room heating requirements:**

Room	Air Temperature °C	Recommended Air Change Per Hour
Living room	21	2
Dining room	21	2
Dining room/ kitchen	21	2
Bed sitting room	21	1.5
Kitchen	18	2
Bedroom	18	1
Bathroom	22	2
Toilet	18	2
Hall/ Landing	18	1.5

Note: All room temperatures in wheelchair dwellings should be not less than 21°C.
Heat losses should be calculated from an outside temperature of minus 1°C inclusive of the ground floor structure.
As a minimum the U-values of external elements should be in accordance with the current Building Regulations (NI): Part F: Conservation of Fuel and Power.
